Summer Intersession at a Glance

Four Thursdays
July 7, 14, 21, 28

All classes meet at
Holy Trinity Greek Orthodox Church
Intersection of Mill Road & North Ave.
New Rochelle, NY

9:00 a.m.—10:25 a.m.
WRITING WORKSHOP

This class offers you the opportunity to turn your memories into memoirs and experiment with a variety of other writing genres in a nurturing atmosphere.

Time: 9:00 a.m.—10:25 a.m.
Instructor: Irene Schindler

10:30 a.m.—11:45 a.m.
LOOKING BACK

For your enlightenment, we offer a series of lectures on a variety of historical subjects.

July 7 Little Known Facts About WWII
Presenter: Nathan Fisher

July 14 Orphan Train in America
Presenter: Rick Leibert

July 21 The Rising: Easter 1916 and the Dream of the Irish Republic
Presenter: Kevin McIvor, NRHS

July 28 The Assassination of Abraham Lincoln and the Public Reaction
Presenter: David Osborn, St. Paul’s Church

Time: 10:30 a.m.—11:45 a.m.

11:45 a.m.—12:30 p.m.
LUNCH

12:30 p.m.—1:45 p.m.
HEALTH AND FITNESS

Aches and pains aside, there are ways to stay healthy and fit at any age.

July 7 Whole Food Plant-Based Living
& 14 Presenter: Jean Schumacher

July 21 Fitness for Seniors
Presenter: Jamie LeVine,
General Manager, Healthy Fit

July 28 TBA

Time: 12:30 p.m.—1:45 p.m.

2:00 p.m.—3:15 p.m.
LIVING LIFE FULLY

Whether you love music or prefer art, are planning to sell your home or remain there forever, you want to live your life well. Here are some ideas about how to do so.

July 7 All That Jazz — in Concert
Presenter: Greg Koster

July 14 Senior Living Choices: What to Do After You’ve Sold Your Home
Presenter: Diana Singer

July 21 Aging in Place
Presenter: Frankie Shahar

July 28 Better Living Through Busy Living
Presenter: Hal Greenberg,
Hudson River Museum

Time: 2:00 p.m.—3:15 p.m.
THE ART WORKSHOP

If you took Monday’s Art Workshop or Thursday’s Drawing class in the spring and wish to continue working, this is the place to be. If you want just a few drawing lessons, try your hand here. Bring your favorite drawing materials with you!

Instructor: Jeanie Ritter

Time: 2:00 p.m.—3:15 p.m.

Interested in auditing a class at Iona this fall?

Because of Iona’s policy of allowing only current LIRIC members to audit courses, we MUST have your application for LIRIC membership and your check for $190 the first week in August if you wish to audit a class in the fall.

Register to audit Iona Fall courses on Friday, August 19th, 10 a.m. – noon, McSpedon Hall room 201 (Office of Student Financial Services). Courses begin Tuesday, August 23rd.