Winter Intersession at a Glance

Four Thursdays
January 7, 14, 21, 28

TO YOUR HEALTH!
Join us for a series of talks dealing with trends in health care from professionals who know whereof they speak.

Jan. 7 New Trends in Senior Medicine
Presenter: Dr. Rajasekhar Buddhavarapu, White Plains Hospital

Jan. 14 Alternative Treatments: Homeopathy
Presenter: Ronald May, RPh., Rye Pharmacy

Jan. 21 Aging Smart
Presenter: Stacey Zaslow-Cook, LMSW

Jan. 28 Stroke Awareness & Prevention: What You Need to Know
Presenter: Lisa Edelstein, Burke Rehabilitation Hospital

Time: 10:30 a.m.—11:45 a.m.

SPORTS AND SPIRITS
Whether you love the playing fields or prefer the vineyards, you’ll find something to engage your interest and please your palate in this class.

Jan. 7 The History of Women in Sports
Presenter: Rick Leibert

Jan. 14 Sports and Society
Presenter: Rick Leibert

Jan. 21 & 28 Wine Tasting: Burgundy, Bordeaux and Their Regions
Presenter: Ed Richman

Time: 12:30 p.m.—1:45 p.m.

All classes meet at our new venue

Holy Trinity Greek Orthodox Church
Intersection of Mill Road & North Ave.
New Rochelle, NY

10:30 a.m.—11:45 a.m.
TO YOUR HEALTH!

11:45 a.m.—12:30 p.m.
LUNCH

12:30 p.m.—1:45 p.m.
SPORTS AND SPIRITS

2:00 p.m.—3:15 p.m.
WOMEN OF MYSTERY

2:00 p.m.—3:15 p.m.
THE ART WORKSHOP

Stormy Weather
In the event of bad weather, LIRIC closings will be announced in the following places:

Listen to: WCBS 880 AM; WVOX 1460 AM; WHUD 100.7 FM

Watch: The bottom bar on Optimum Channel 12 or Verizon FIOS 1 OR
Log on to Westchester.news12.com/weather/school closings or fios1news.com/LowerHudson Valley/weather/view school closings

Interested in auditing a class at Iona this spring?
(Only current LIRIC members are eligible)

Register to audit Iona Spring courses on Friday, January 15th, 10 a.m. – noon, McSpedon Hall room 001.

Courses begin on Tuesday, January 19th.
WOMEN OF MYSTERY
Discover the women who write the mysteries, commit the crimes or solve them! In this class for people who enjoy a good mystery, your appreciation will be enhanced if you read the books, but you can just come and listen if you prefer.

Jan. 7  The Last Kashmiri Rose,  
       by Barbara Cleverly

Jan. 14  Still Life,  
        by Louise Penny

Jan. 21  Selected short stories  
       (distributed January 14th)

Jan. 28  Midnight at Marble Arch,  
       by Anne Perry

Presenter:  Cathie Behrend
Time:       2:00 p.m. – 3:15 p.m.

THE ART WORKSHOP
If you took Monday’s Art Workshop or Thursday’s Drawing class in the fall and wish to continue working, this is the place to be. If you want just a few drawing lessons, try your hand here. Bring your favorite drawing materials with you!

Instructor:  Jeanie Ritter
Time:       2:00 p.m. – 3:15 p.m.